

# SELF-ASSESSMENT: EMPLOYEES

Name \_\_\_\_\_

Business Function/Location \_\_\_\_\_

Phone Number \_\_\_\_\_

Date \_\_\_\_\_

Terra is concerned for the safety of you and your fellow workers. We are following the development of the influenza pandemic closely and, in the interest of ensuring a safe and healthy work environment, we ask that you carefully complete this self-assessment. These guidelines may be adjusted to comply with the latest developments and information obtained from State and Federal public health authorities.

## Persons Who Should Complete this Self-Assessment:

- *Employees* located in the following regions/countries (specify) should review this assessment:  
**Before coming to work each day - and - before traveling**
- *Employees* returning from outbreak regions/countries (specify) within the last 14 days.

Do ANY of the following currently apply to you?

- Fever (greater than 38°C/100.4°F) and respiratory symptoms, diarrhea or other unexplained severe illness
- Generalized muscle, joint aches and weakness not explained by recent physical activity
- Extreme tiredness or fatigue

If the answer to any of the above is YES:

**You have developed symptoms of possible influenza – We are directing you to seek medical attention or follow medical guidelines for self-treatment and remain off company property for 7 days following resolution of symptoms.**

Do ANY of the following currently apply to you?

- Contact with someone that possibly has avian influenza (within the last 14 days) **and your Terra site is not in the pandemic area**
- Travel to an avian influenza-affected region or country and possible contact (within 1 meter) of live, sick or dead birds (within the last 14 days) **and your Terra site is not in the pandemic area**

If the answer to any of the above is YES and:

**You have not developed symptoms of influenza – You may have had exposure to avian influenza and could be contagious. The employee should remain off company property for 7 days following their last contact with avian influenza.**

If, on the basis of this self-assessment, it is not appropriate for you to have access to a Terra facility, please contact your supervisor.

## Additional information on Avian Flu case definition:

<p><b>Possible Case</b></p>	<p><b>Any individual with fever (temperature &gt;38°C/100.4°F) AND one or more of the following symptoms:</b></p> <ul style="list-style-type: none"> <li>• Cough</li> <li>• Sore throat</li> <li>• Shortness of breath</li> <li>• Difficulty breathing</li> <li>• Diarrhea</li> <li>• Any severe unexplained illness</li> </ul> <p><b>AND one or more of the following exposures during the 14 days before the onset of symptoms:</b></p> <ul style="list-style-type: none"> <li>• Contact (within 1 meter/3 feet) with live or dead domestic fowl, wild birds, or domestic ducks in any setting</li> <li>• Exposure to settings in which domestic fowl were confined or had been confined in the previous 6 weeks</li> <li>• Unprotected contact (within touching or speaking distance) with a person for whom the diagnosis of avian flu is confirmed or being considered)</li> <li>• Unprotected contact (within touching or speaking distance, 1m) with a person with an unexplained acute respiratory illness that later resulted in severe pneumonia or death</li> <li>• Occupational exposure</li> </ul>
<p><b>Probable Case</b></p>	<p><b>Any individual with fever (temperature &gt;38°C/100.4°F) AND one or more of the following symptoms:</b></p> <ul style="list-style-type: none"> <li>• Cough</li> <li>• Sore throat</li> <li>• Shortness of breath</li> <li>• Difficulty breathing</li> <li>• Diarrhea</li> <li>• Any severe unexplained illness</li> </ul> <p><b>AND limited laboratory evidence for avian flu antibodies</b></p>
<p><b>Confirmed Case</b></p>	<p><b>An individual for whom laboratory testing demonstrates one or more of the following:</b></p> <ul style="list-style-type: none"> <li>• Positive viral culture for influenza A/H5</li> <li>• Positive PCR for influenza A/H5</li> <li>• Immunofluorescence antibody (IFA) test positive using influenza A/H5 monoclonal antibodies</li> <li>• 4-fold rise in influenza A/H5 specific antibody titre in paired serum samples</li> </ul>